

## Bathroom Hygiene Policy

Bathroom hygiene is very important to help prevent the spread of germs and sickness, with this in mind there are a set of guidelines I like to follow in my setting:

- Children will be given privacy during changing periods
- The child's own nappies and creams will be used and should be stored in their own bag (I provide wipes)
- The changing mat will be sprayed with antibacterial solution between changes
- All materials (nappies, wipes, liners) will be placed in the nappy bin outside
- Any soiled clothing will be placed in a plastic bag and sent home for laundering. It would be helpful if a change of clothing could be provided on a daily basis in the child's bag.
- Children who have had a personal mishap and are old enough to do so should change themselves with sympathetic adult intervention with permission from the child
- When the potty is in use the contents will be emptied into the toilet and then cleaned with antibacterial spray
- The toilet and handles will be cleaned on a regular basis
- Children will be encouraged to wash their hands after every visit to the toilet
- The downstairs toilet window may be opened to keep the area fresh and germ free as possible
- Bathrooms are not play areas and children will be discouraged from taking play items into the toilet
- Face cloths and hand towels are washed regularly

I like to encourage children to practise good bathroom hygiene so they are aware that if they don't they could make themselves or others poorly.